COMMANDER MILITARY SEALIFT FLEET SUPPORT COMMAND

Medical Department (CODE: NO2M)
1283 Tow Way Drive
Norfolk, VA 23511-2419

VOICE: 1-866-827-4955 FAX: 1-866-324-4955 (757) 443-5760 (757) 443-5767

Mariner Name / last 4 SSN Current Assignment

MEDICAL SUMMARY FORM

(ALTERNATIVELY, A WRITTEN REPORT THAT ADDRESSES BELOW ELEMENTS MAY BE ATTACHED)

Note to examining provider: Please take note that the Seafaring environment is arduous and exposes personnel to many hazards. The health status of crew members is important to reduce the incidence of illness or injury when remote from shore side medical facilities. It is essential that crew members be physically fit to perform their duties to include responding to and operating ship's emergency equipment. Crew members must be able to wear Self Contained Breathing Apparatus, handle fire equipment, damage control equipment, climb ladders and stairs, enter small spaces, and carry objects up to 50 lbs from the pier to the ship. The fitness of the crewmember is important to the safe operation of the ship and affects the entire well being of the ship.

MEDICAL SPECIALTY RECOMMENDED: MEDICAL PROBLEMS TO BE ADDRESSED: SIGNIFICANT HISTORY AND PHYSICAL FINDINGS: (For elevated Blood Pressure evaluation, include serial BP readings indicating proper control.) SIGNIFICANT LAB RESULTS, X-RAY, EKG, ETC. PLEASE ATTACH APPROPRIATE RESULTS SHEET: (For elevated Glucose evaluation, include repeat Fasting Blood Sugar results: For individuals diagnosed with Diabetes Mellitus, include Fasting Blood Sugar and Hemoglobin A1c result: For Liver Disease work-up, include liver function tests as well as panels for Hepatitis A, B&C)**DIAGNOSIS/ DIAGNOSES:** CONTINUE ON REVERSE OF FORM

TREATMENT RECEIVED (List all medications, physical	therapy, etc.)
ROGNOSIS / LIMITATIONS / RECOMMENDATION abject to long (4-6 months) continuous sea voyages, rough and strenuous work environments. He/she may be far from eriods of follow-up suitable for sailing with MSC should	seas, extreme heat/cold conditions, unstable work platform definitive medical care for prolonged periods.
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Mariner's signature Mour current phone number where you can be reached: Physician's Name Please indicate your specialty and accreditation ADDRESS:	Physician's Signature